



Gabapentin (Neurontin) Dosage Instructions

Schedule

Below is a schedule, laid out day by day for 100 mg gabapentin capsules. The pattern continues by adding one 100 mg capsule each day, rotating through the three doses (morning → afternoon → bedtime) to keep them as even as possible.

Stop increasing if:

- You become too sleepy.
- Your nerve pain is adequately relieved.
- You reach the maximum dose of 3,600 mg/day (36 capsules of 100 mg).

If the medication stops working

If you were getting relief but it becomes less effective over time, and you haven't reached the maximum dose, your instructions say you can resume increasing by one capsule per day until you regain relief or reach the maximum dose.

If you stop taking gabapentin

Do not stop it abruptly. Your handout instructs you to taper down in the reverse order that you increased it (decreasing by one capsule per day).

Contact your prescriber's office if:

- You develop a rash or other reaction.
- You have excessive drowsiness.
- You reach 3,600 mg/day without benefit.
- You tolerate the 100 mg capsules well but need higher doses—they can prescribe 300 mg capsules, which reduces the number of pills you need to take.

Day	Morning	Afternoon	Bedtime	Total Daily Dose
1	—	—	1 capsule	100 mg
2	1	—	1	200 mg
3	1	1	1	300 mg
4	2	1	1	400 mg
5	2	2	1	500 mg
6	2	2	2	600 mg
7	3	2	2	700 mg
8	3	3	2	800 mg
9	3	3	3	900 mg
10	4	3	3	1,000 mg
11	4	4	3	1,100 mg
12	4	4	4	1,200 mg

Day	Morning	Afternoon	Bedtime	Total Daily Dose
13	5	4	4	1,300 mg
14	5	5	4	1,400 mg
15	5	5	5	1,500 mg
16	6	5	5	1,600 mg
17	6	6	5	1,700 mg
18	6	6	6	1,800 mg
19	7	6	6	1,900 mg
20	7	7	6	2,000 mg
21	7	7	7	2,100 mg
22	8	7	7	2,200 mg
23	8	8	7	2,300 mg
24	8	8	8	2,400 mg
25	9	8	8	2,500 mg
26	9	9	8	2,600 mg
27	9	9	9	2,700 mg
28	10	9	9	2,800 mg
29	10	10	9	2,900 mg
30	10	10	10	3,000 mg
31	11	10	10	3,100 mg
32	11	11	10	3,200 mg
33	11	11	11	3,300 mg
34	12	11	11	3,400 mg
35	12	12	11	3,500 mg
36	12	12	12	3,600 mg (maximum)

**This should not replace any instructions between you and your prescribing physician.