Mammoth Orthopedic Institute



Mammoth Orthopedics: Ph: (760) 924-4084 Northern Inyo Orthopedics: Ph: (760) 873-2605

Dental Care Guidelines for Patients Undergoing Total Joint Surgery

To Our Dental Colleagues,

We appreciate your collaboration in the care of our shared patients. To help keep care pathways aligned, below are the current dental procedure and antibiotic prophylaxis recommendations from our surgeons for patients undergoing or having undergone total joint surgery.

General Dental Timing Restrictions (All Providers)

Unless otherwise specified below, patients should:

- Avoid all elective dental procedures for three (3) weeks prior to surgery
- Avoid all elective dental procedures for three (3) months following surgery

This timing helps reduce oral bacterial load, minimizes the risk of perioperative bacteremia, and supports optimal wound healing.

<u>Urgent</u> or <u>emergent</u> dental care during these windows should be discussed directly with the treating surgeon.

High-Risk Patient Considerations

For surgeons who do not routinely recommend prophylaxis, antibiotics may still be considered on a case-by-case basis for patients with clearly defined high-risk conditions, including:

- Prior prosthetic joint infection
- Significant immunocompromise (e.g., uncontrolled diabetes, chronic high-dose steroid use, active malignancy, transplant status)
- Hemophilia, severe malnutrition, or other rare medical vulnerabilities

Mammoth Orthopedic Institute



Mammoth Orthopedics: Ph: (760) 924-4084 Northern Inyo Orthopedics: Ph: (760) 873-2605

Surgeon-Specific Antibiotic Prophylaxis Recommendations

Dr. Timothy Crall, Dr. Brian Gilmer, Dr. Michael Karch

- No dental work 3 weeks prior to surgery or 3 months after surgery
- No prophylactic antibiotics are recommended for dental procedures following total joint replacement

Dr. Stephen Knecht

- No dental work 3 weeks prior to surgery or 3 months after surgery
- Lifetime prophylactic antibiotic therapy is required following: Total Ankle Arthroplasty

Preferred regimen:

- Amoxicillin 2 grams orally, taken 30–60 minutes prior to the dental procedure For patients with severe penicillin allergy:
- Azithromycin 500 mg orally, 30–60 minutes prior to the procedure
- Clarithromycin 500 mg orally, 30–60 minutes prior to the procedure

Dr. Tyler Williamson

- No dental work 3 weeks prior to surgery or 3 months after surgery
- Prophylactic antibiotic therapy is required for one (1) year following:

Preferred regimen:

- Amoxicillin 2 grams orally, taken 30–60 minutes prior to the dental procedure For patients with severe penicillin allergy:
- Azithromycin 500 mg orally, 30–60 minutes prior to the procedure
- Clarithromycin 500 mg orally, 30–60 minutes prior to the procedure

If you have questions about a specific patient or would like to discuss individual circumstances, please do not hesitate to contact our office. We value your partnership in providing safe, coordinated care.

Sincerely,

Mammoth Orthopedic Institute